



Friendship Haven Launches *Catalyst* Rehabilitation Program

Program helps clients achieve high levels of independence after treatment

FORT DODGE, Iowa – July 7, 2009 – Seniors looking for the best physical rehabilitative care in Northwest Iowa have a new option with the opening of the Catalyst Rehabilitation Program at Friendship Haven. Launched June 1 , Catalyst is now leading the change with a unique treatment philosophy.

“Catalyst changes the way individuals and their care teams look at rehabilitation programs by involving each person in the planning of their own treatment program,” says Stacey Rowe, Rehabilitation Team Leader with Friendship Haven. “From the initial planning process to post-treatment options, each client has a tailor-made experience with Catalyst.”

Those individuals entering the Catalyst program are often recovering from illness, a surgery or injury. Catalyst staff works collaboratively with the family, medical providers and each client to develop an individualized treatment plan including traditional and non-traditional forms of rehabilitative therapies. Throughout each plan, goals are outlined for each individual’s success with the main goal being independence once the rehabilitation program is complete. When someone is discharged from Catalyst, they enjoy a three-month membership to Friendship Haven’s Wellness Center to continue on their path to independent living.

“The Catalyst Rehabilitation Program is focused on supporting clients as they learn new living skills to lead a productive and independent lifestyle,” says Rowe. By combining an integrated treatment plan with traditional and non-traditional therapies, we give patients the best plan for independence.”

For more information about the Catalyst Rehabilitation Program at Friendship Haven, visit www.catalystrehab.org or call 515-573-6000.

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About Friendship Haven

Friendship Haven is a non-profit, continuing care retirement community in Ft. Dodge, Iowa, that offers a full range of residential options, services and amenities for seniors.

For more information, visit www.friendshiphaven.org.

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